

# Nap modulation of cross-sensory audio-tactile skills in visually impaired and sighed infants: an EEG study



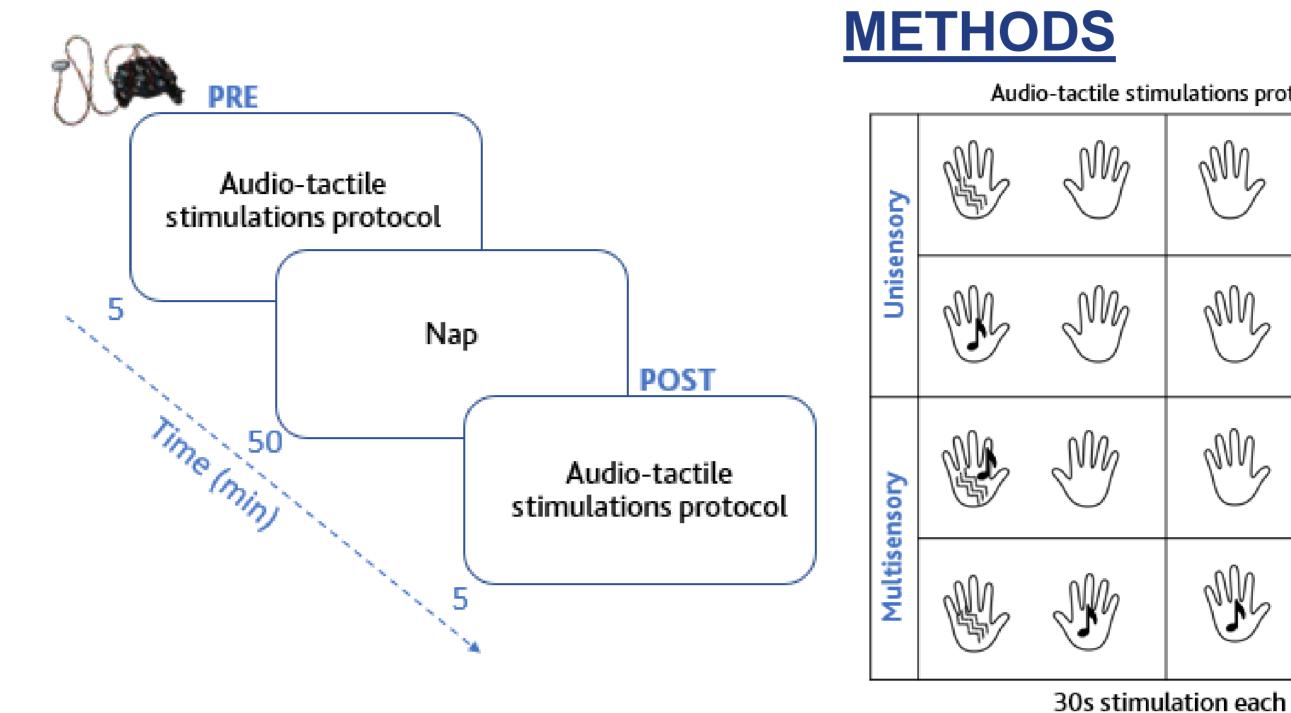


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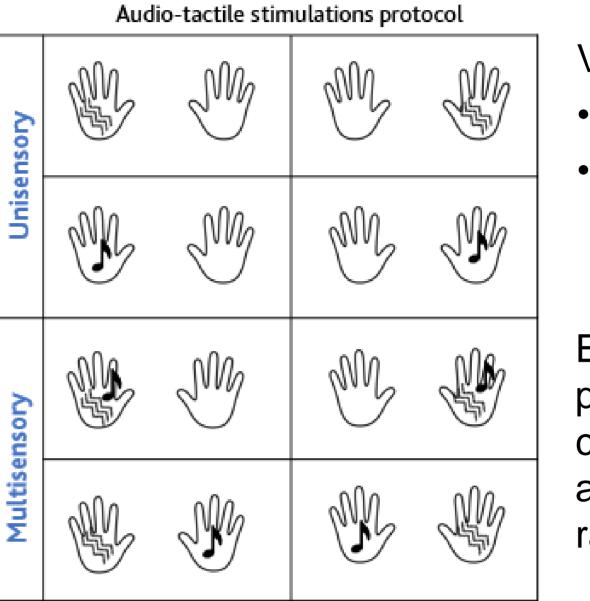
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### BACKGROUND

In the first years of life, vision is crucial in the multisensory representations of the body and the external world. Vision also shapes the typical development of neural networks<sup>1</sup>. Thus, the absence of visual experience in early life impacts the weight we give differently to our senses<sup>2</sup> and the development of brain rhythms<sup>3</sup>. Moreover, the information decodes during wake were reprocessed during sleep, suggesting that the absence of one sensory input influences both waking and sleep neural processing<sup>4</sup>. However, **how** multisensory signals are reprocessed during sleep and how sleep influences the awake neural response in VI and sighted infants was not investigated.







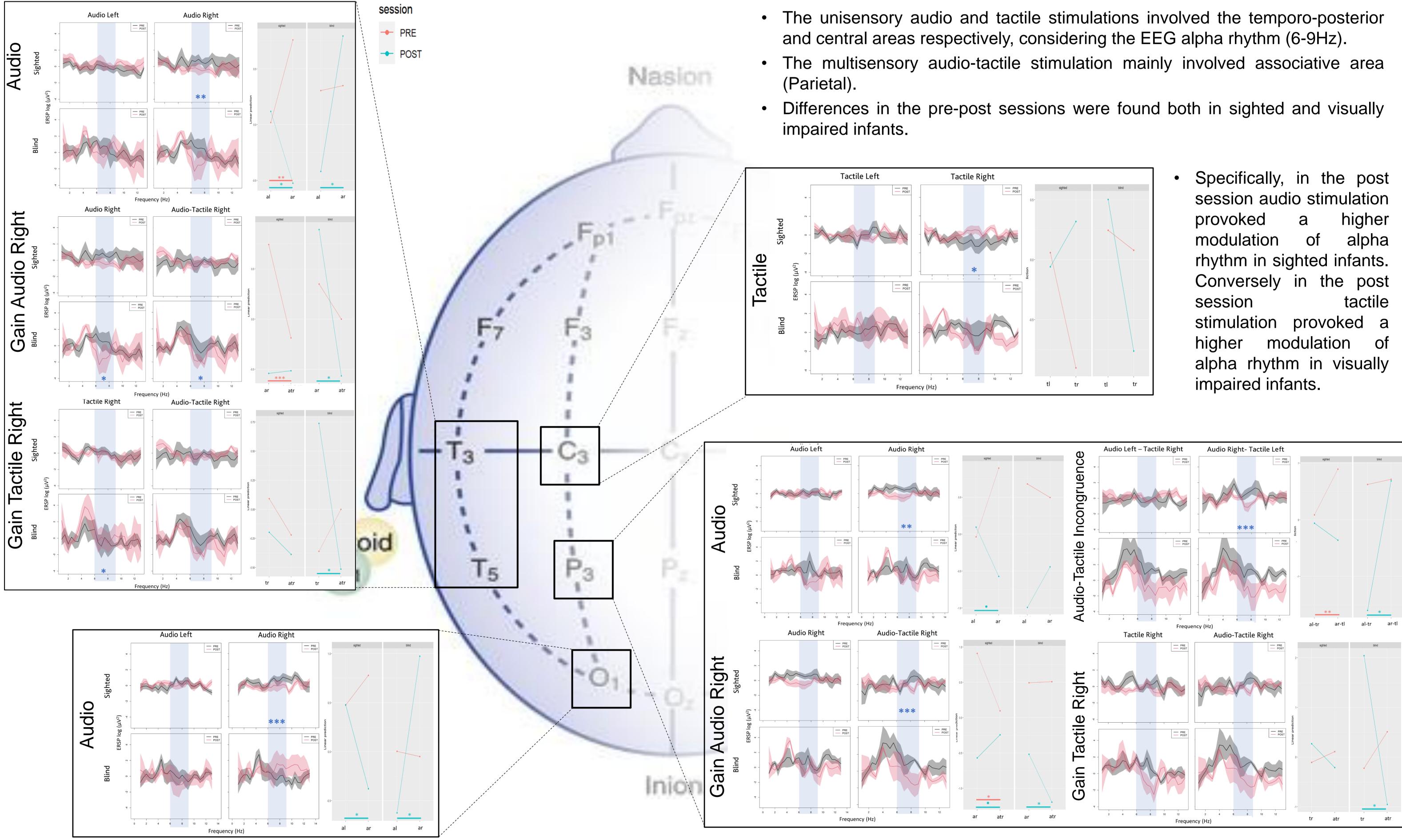
Video-EEG recording of

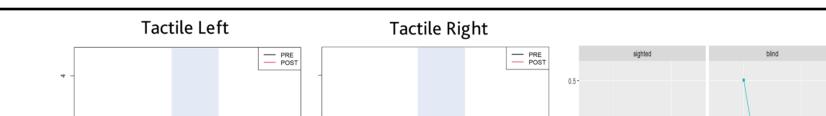
### 9 sighted infants (4F)

5 visually impaired infants (2F)

EEG recordings were then processed by EEGLAB to compute spectral analysis and specifically the alpha ratio (6-9Hz).

RESULTS





### CONCLUSION

In agreement with the literature<sup>2</sup>, our results suggest that VI infants weigh more on tactile than auditory stimuli, differently from sighted ones. Indeed, sleep modulates different senses between groups. This affects also how infants responds to multisensory stimulations.

### REFERENCES

<sup>1</sup>Kriegseis A, et al. Reduced EEG alpha activity over parieto-occipital brain areas in congenitally blind adults. Clinical neurophysiology. 2006 Jul 1;117(7):1560-73 <sup>2</sup>Gori M, et al. Multisensory spatial perception in visually impaired infants. Curr Biol. 2021 Nov 22;31(22):5093-5101.e5. <sup>3</sup>Campus C, et al. Sensitive period for the plasticity of alpha activity in humans. Dev Cogn. Neurosci. 2021 Jun;49:100965. <sup>4</sup>Vitali H, et al. The vision of dreams: from ontogeny to dream engineering in blindness. J Clin Sleep Med. 2022;18(8):2051–2062.

# https://esleepeurope.eu/

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