

Respiratory sleep disorders
Year in review

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Aims: to provide an overview of the most relevant advances in diagnosis and treatment of sleep-disordered breathing, with emphasis on obstructive sleep apnea; to examine major developments in diagnostic techniques; to discuss recent findings indicating novel pathways that support OSA subphenotypes and evidence for potential new drugs and cluster responses to continuous positive airway pressure therapy in terms of major cardiovascular events and hospitalization risk; to discuss recent evidence on pathophysiology and clinical associations in patients with respiratory sleep disorders.